



Reach

life beyond limits

2024-25

(March 24 – Feb 25)

Annual Report



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1. Welcome to our 2024-25 Annual Report

This year, like every year for Reach, was all about the amazing people who volunteer their time to bring the Reach Community together. Our Branch Coordinators, Mentors, Reach Team & Event Volunteers and our Partners, all went above and beyond to create a total of **1786 opportunities for Reach families, children, and young people** to connect in person, that's 7% more than 2023.

We welcomed three new Trustees. The Board is now balanced in terms of representation, 40% people with upper limb difference (ULD), 40% parents of people with ULD and 20% people with expertise in the medical profession and finance. A working group made up of Trustees and Branch Coordinators drafted a new set of Articles of Association, adopting a Charity Law Association model to sustain our health as a charity as we move forward.



2024-25 saw steady growth in membership, branch events, and the number of Reach children benefitting. Our Volunteers tried out new things, tested new ideas, talked, thought and wrote about what they want Reach to be. With theirs and your help Reach is evolving.



2024-25 Highlights

- This year, thanks to our volunteer Branch Coordinators, a Reach event was happening somewhere in the UK nearly every other weekend!
- Two pilot projects went live: The first ever 18-25 Reach Retreat and Reach on the Beach, South Wales...
- RAW (Reach Activity Week) 24 saw mentors new and old come together to enable and support 40 young people aged 10-17, a 25% increase on 2023.
- Building on the survey that Reach parents enabled 2022-23 a Pilot Liaison Nurse Project went into development.
- At our AGM, in 2024 Reach members voted unanimously to update our articles of association and widen our object to support children with ULD for the whole of their lives.





2. Chairpersons Report 2024-25

Last year's Annual Report focused on the Board's management of the change process Reach Charity was undertaking. The revision of our Articles of Association to reflect the Charities Law, the broadening of our membership to include people over 18s with an Upper Limb Difference (ULD) and the increased communication with our branches at the local level to provide more support to our volunteer Branch Coordinators.

I don't believe it is too much of a stretch of the imagination to say that the change process that the members ratified at AFW 2024 certainly propelled us into hyperspace. The updating of the Articles to reflect Charities Law was unanimously welcomed by the members at the October Annual Family Weekend (AFW). Thence the removal of the barrier to membership after age 18 generated an upturn in memberships over 18, with young adults enthusiastically joining wanting to be involved, bringing their lived experience and knowledge to benefit our younger members. And one of our Branch Coordinators hosted an event somewhere in the UK and Ireland almost every weekend.

The Reach Team 2024-2025

Trustees

Chair - Chris Creamer
Vice Chair - Gary Phillips
Treasurer - Phil Robertson
Safeguarding Lead – Julie Detheridge
Ruth Lester OBE
Lee Harvey
Esther Pounder
Amber Thacker
Emily Tisshaw
Steve Haynes
Rebecca Nind
Colm Creamer
Ella Dickinson

Ambassadors:

Alex Brooker
Claire Cashmore MBE
Melissa Johns
Frank Letch MBE
Briony May Williams
Jay Howard

The Reach Team (behind the scenes)

Business Support – Ashley Blackburn
Within Reach Editors: Max & Tom Swinhoe
Social Media Manager: Megan Bacon-Evans
AFW Producer: James Jones
Events Development Volunteer: Sian Brooks
Reach Team Volunteer: Lesley Goodfellow
Charity Ops Lead – Sarah-Jane Lawson

Branch Coordinators 2024-25: Please see P4

The RAW Team 2024:

RAW Lead: Claire Hermon
RAW Mentors: Esther Lees, Tony Addison, Tom Crow, Emily Tisshaw, Fran Moylan, Chris Knox, Louise Devlin, Max Swinhoe, Liam Murphy & Emma Hendry



We have also seen increases in participation in Reach events, thanks to the amazing commitment of our young adult members. Sarah-Jane's idea of "Reach on the Beach" was enthusiastically embraced and delivered by the South Wales Branch and some of our members added "surfing" to their repertoire. The very first 18-25's Retreat, started as a pilot project by Emily Tisshaw and her team, funding was secured for the pilot, and it was successfully delivered to young adults with ULD by young adults with ULD and generated rewarding feedback from all the participants. The concept of the 18-25s Retreat grew out of the fond memories the young adults have of Reach Activity Week (RAW), delivered annually by Clare Hermon for the last 13 years. We would dearly love for this to be an annual event.

Dr Ruth Lester, our orthopaedic surgeon Trustee, and an invaluable liaison with the medical profession, launched our Paediatric Liaison Nurse project, subject to funding and identification of a suitable Nurse. Watch this space.

Our enthusiastic and committed volunteers increased at all levels from Trustees with ULD on the Board balancing out the Trustees who are parents of a child with ULD; from Mentors and Ambassadors offering their time and skills to assist the charity to function and grow in many ways, to the volunteers who offer their services locally and nationally to cope with the administration of the charity and the delivery of so many activities.

We owe each one of them a huge depth of gratitude. Thank you one and all.



Reach is continually looking forward with a view to making the "reach experience" available to more members where they live. This requires more emphasis on delivering Regional events for members closer to home. Branches may even coordinate their efforts to deliver Regional Family Weekends in their area. The resulting "Reach Experience" for more child and adult members enrolls more of them "in my tribe". They become part of a unique group of unique people who assist each other in coping with difference. What a fulfilling goal!



3. Local Branches 2024-25:



During this year 28 volunteer Branch Coordinators and 3 volunteers enabled **482 individual Reach children** and their families to spend time together (5% more than 23-24)

We welcomed new Branch Coordinators; Lindsay & Chris in the Northwest, Shaheen in North London and Lee, Grace & Rachel joined Mei in Wessex.

This year our Branch Coordinators took us to farms, castles, activity, science & cultural centres, ice rinks, climbing & community centres and swimming pools, we saw 4 pantos and had a picnic with teddy bears! With the local knowledge of our volunteer Branch Coordinators we've connected with other charities and organisations passionate about increasing opportunities for our children, with an invite to the [LimbPower](#) Family Fun Day, Climbing with the [Grit Collective](#) & Surfing with [Surfability](#).

THANK YOU Reach Branch Coordinators
This is the difference you made 2024-25:



- Scotland: Mags, Iain & Liz
- Northern: Suzanne
- Northern Ireland: Ruth & Siobhan
- Yorkshire: Alexis & Rich
- Northwest: Chris & Lindsay
- East Midlands: Andrew & Rebecca
- Ireland: Marianne, Hilary & James
- West Midlands: Tracey & Jason
- East Anglia: Jay & Navdeep
- Three Counties: Jen
- South Wales: Melissa
- Gloucestershire: Sophie
- Berks & Wilts: Joanne
- North London: Shaheen
- South London: Hannah
- Kent: Hannah & Lesley (holding the fort)
- Wessex: Mei, Rachel, Grace & Lee
- Southwest: SJ (holding the fort)

“Great to see an event in our branch again, venue was fantastic, and it was lovely to meet the new branch coordinators. We look forward to the next one”

“J had a brilliant time with another boy the same age who he has met a few times before at the 3 counties event.”

“Hannah and Lesley were so friendly and informative with lots of honesty. It was lovely to chat to people who have been part of the Reach family for longer than us and meet families with children of a similar age.”

“The Children had the BEST time at the climbing event in Bristol last weekend. Thank you so, so much to everyone involved in the organising, what a fantastic way to give the sport a go. I loved having others with a limb difference showing her the ropes. Fantastic Event!”



“I usually hide my hand, here I don’t have to, and it feels more than amazing.”
Pilot Participant



“The weekend gave us as parents an opportunity to connect and share experiences, hopes and fears in relation to our reach child. For our child being with other children of all ages with limb differences really builds her confidence and pride in being part of such a special community. It felt like a really special family holiday shared with strangers who became friends.”
Pilot Parent



4. The Regional Family Weekend Programme

Reach on the Beach South Wales

May Bank Holiday 2024

Branch Coordinator Melissa Beesley & volunteer Sian Mitchell, both teachers, both Reach parents, organised a 3-day family adventure for Reach families, some local, some from neighbouring regions and some from further away. 13 families, 50 people.

Together they delivered a fun packed weekend, jam packed with local food, people and pastimes, a chance to spend extended time with other Reach families with a comfy stay in a Youth Hostel... All for less than £100 per person!

We would like to say thank you to the Pebbles Foundation for donating £2000 toward Reach on the Beach, to the National Lottery Scotland for getting behind our Branch Coordinators, Mags, Iain and Liz to deliver a family weekend in Abernethy and a very big thank you to Jane & Cheryl who delivered their last Family Weekend in Patterdale in July 2024 with Chris and Lindsay there to learn the ropes...

In 2024-25 approximately 57% of Reach families attended Reach Branch Events, RAW, & the Annual Family Weekend (AFW) which is fantastic! But what if we could make it easier for families to come together nearer to where they live, free at the point of delivery? Maybe we could enable more...the seeds were sewn to grow the Regional Family Weekend programme and first timers, Navdeep & Jay, Branch Coordinators in East Anglia came on board to begin planning with our Branches in Scotland, South Wales and the Northwest for four Regional Family Weekends 2025-26....

5. The Reach 18-25 Retreat Pilot

funded by the National Lottery's
Awards for All programme

April 2025

On a rather damp Sunday in February 2024 Trustee Emily Tisshaw stood in a field overlooking the sea in Devon talking to a farmer about having first dibs on his glamping tents yes, tents, but tents with real beds, toilets, showers and of course, fairy lights - a glamping essential! With the venue fixed we got to work preparing for the first ever Reach Retreat for young adults age 18-25. The intent was to create a next level RAW (see P7), giving young adults time to connect, be themselves, be in a space where they felt supported by their peers and people older than them that got it....

In April 2024, 5 Veteran RAW Mentors came together to facilitate a long weekend for 12 young adults age 18-25. After a very rainy spring, the clouds broke, and the sun shone for the first ever [Reach Retreat](#). How was it received?

- 100% surveyed felt more optimistic post retreat
- 80% felt more cheerful
- 75% experienced an increase in confidence.

There were some negatives, some felt it might be just a little bit too much like RAW with not enough space to just be...

After the Retreat, Mentor, Tony Addison, gave his time to bring together an 18-25 working group who used their learning from the pilot and life to develop a new Retreat & Mentorship programme. It's been an incredible year long journey, with Reach adults with skills to support coming back to help build this new project for Reach - see more on P11.

“So empowered, connected and much more confident.”

“...connecting with others through the shared experience.”



The RAW Effect 2024

Feedback from 17 families collated

100% increase in confidence

94.1% young people tried something new

94.1% increase in physical activity

82% increase in independence skills

88.2% want to come back next year!

RAW 24 in your words

“Very important, wished she had gone sooner as this was her last year and only second time. Met lots of friends with missing upper limb like her.”

“This was F’s first RAW and I cannot express enough how much she benefited from being with other people with an upper limb difference. She is the only person at school with a limb difference and constantly hides her hand when not indoors. She has a week just being her, feeling comfortable and with people who totally understand how she feels.”

“She’s still unsure of the activities but she tried more this year than last.”

“Key annual social event throughout teen years”

“Thank you so much, G had a fantastic time, and the bursary made it possible for her to be there.”

“Such a special thing to have as L grows up and for him to know he is part of a community and can have this each year to make him feel stronger and more confident in how he approaches the world.”

“Can we please pass on a huge ‘thank you’ to all the mentors who make this amazing week happen? Giving up/volunteering a whole week to spend with our young people is just so kind and the impact is felt all through the year.”

6. RAW 2024



Saw 10 Reach Mentors, led by Claire Hermon, venture south to [Calshot Activities Centre](#). A state-of-the-art provision surrounded by water, complete with velodrome and dry ski slope – the options available to the 40 young people age 10-17 attending were vast!

We wish to say thank you to Hampshire Councils [Young Persons Support Fund](#) that made this wonderful offer accessible to our community.

The programme of activities included sailing, cycling, skiing and thanks to the GB para pathway snowboard coaches, snow AND skateboarding...

Young people’s ‘best bits’ included:

“Skateboarding, have one at home but not enough space to truly give it a proper go, cycling and the Ringo’s.”

“Learning new things like windsurfing.”

“Disco felt like a good way to finish my last year of RAW, and we were given a good level of independence.”

“Meeting old friends and new.”

3 young people attended RAW 24 with a [Reach Bursary](#).

RAW 26:
Sun 26 July - Sun 02 Aug
Carlton Lodge, Thirsk



7. AFW 2024



Headline figures:

- Total attendance = 374
(28% increase on 2023)
- Coming to conference = 232
(49% increase on 2023)
- Conference and children's activities maxed out!

This year saw the event return to the Portsmouth Marriott. With Reach families, Reach Adults, the Reach Team (Trustees, Branch Coordinators & Event Volunteers) and all the Reach Ambassadors bar the wonderful Frank Letch who was still guiding us from home - telling us to listen to the young people and make sure their voices were heard, all coming together to celebrate and connect.



This year our wonderful volunteer, Lesley Goodfellow was in charge of young people's activities, she, all our volunteer Mentors and Ambassadors supporting on the day nailed it:

Best bits - "I liked the VR experience along with the trip to Fort Purbrook. All of it was amazing. DJ was amazing". Young person

The event was beset with a few problems the biggest of which being an incomplete hotel renovation which resulted in us not having an exhibition space, a longer wait

for breakfast and having to be bullish with builders wanting to keep working over the weekend! Parents checking children into the creche had a really long wait on the Saturday morning and the creche were unable to support children with additional needs.

Everyone was amazing, exhibitors having to set up in the bar, yoga workshops being delivered in hotel rooms, and hotel caretakers staying for the whole weekend just to make sure we were alright!

Even with problems this is the difference AFW 2024 made:

"It's the stuff you can't pay for. A musician spending 30 mins talking with my Reach child about how to improve.... Watching my child with a group of old friends dancing like it's the best night ever... my child walking away knowing that anything is possible because they have spent a weekend surrounded by incredible people. And this rubs off on my non-Reach child too."
Reach Parent

"It was my first time at the event. When we went on the trip I didn't want to leave mummy. At the start it was difficult, but by the end it was good. Seeing so many people with baby hands was my best bit."
Reach Child

So lovely for the children to have an amazing array of activities, led by brilliant adults with ULD. Lovely for the children and young people to have the opportunity to meet with 'celebrities' with ULD. I mean... DJing with Matt Howes and then Alex Brooker sits in the back! Mollie from Traitors chatting and dancing with the teens. Claire Cashmore signing books for kids. Sharing a dance floor with all the amazing guests... the list goes on. These interactions are amazing and just priceless.
Where else can you get this?!

Reach Parent

"Thank you Reach...for creating these magical spaces for us all to celebrate who we are!
See you in 2025."
Reach Adult



AFW 2024 Learning:

We tried, in response to feedback from 23, to run a Family Supper Club for families wanting to stay together in the evening instead of grownups coming to the Gala Dinner and children attending creche but we didn't really think it through and although we had a circus skills workshop going on, it felt a bit 'us and them'. On reflection, it could be, we don't have capacity to run two events simultaneously, and this is where our growing Regional Family Weekend programme comes into play.



We have reconnected with [Freedom Childcare](#) who were for many years our AFW creche partner and pride themselves on being fully inclusive, they will be with us from the Friday evening this year so kids can be checked in early!!

This year in response to feedback requesting "icebreakers for newbies!" South Wales Branch Volunteers will be with us on the Friday night to welcome new Reach members and connect them with their branch coordinator/others from their region.

The Annual Family Weekend is just that, it's an event for Reach families with children of all ages. Every year new families join the event, every year Reach children, now adult join the event. We want to make sure that everyone feels welcome and catered for. It's a balancing act we celebrate having to undertake!



We are this year exploring other hotel chains, pricing themselves competitively, with national account managers to enable bespoke support.

Thank you to the incredible people who make AFW happen every year, our MC, Mr Alastair Greener and Producer, James Jones, who together keep us on track for the whole of Saturday, our inspirational Guest Speakers who share their stories, their journeys, our exhibitors, who come and animate the space with their ideas and passion, and the people helping behind the scenes; RAW Mentors, Reach Team Volunteers, Event Photographers, Workshop Providers, Branch Coordinators, Trustees and of course - Queen of the Gala Dinner, Mrs Sian Brooks - on home turf in 2025!

AFW 25: Swansea
 AFW 26: Manchester
 AFW 27: Edinburgh
 And then for our 50-year anniversary...
 AFW 28: Farnborough



8. How Do You Do It?

As happens in the best and most creative Board meetings, when thinking about what our campaign for [Limb Loss & Limb Difference Awareness Month](#) (#LLLLDAM) should look like in 2024 ideas like only using one hand for a day were being proposed, a quiet voice, belonging to a Trustee with an ULD, expressed a different point of view: "That doesn't work for me nor represent me, instead it patronises me. Couldn't we instead celebrate the amazing things people with ULD can do?... " and so the HOW-DO-YOU-DO-IT campaign was born. With expert help from our social media manager, Megan Bacon-Evans, a new video was posted for every day of the month!

Thank you to all the wonderful content creators that built the [HOW-DO-YOU-DO-IT Resource Library](#), there for everyone to enjoy on our [new website](#) (launched June 2024) for years to come.

Coming together in this way to share a campaign, sparked the interest of other charities that belong to the #LLLLDAM community, and we began to talk about how we could collaborate on campaigns to reach more people and raise awareness together...

At the same time, encouraged by the interest the HOW DO YOU DO IT campaign was generating in young

members of our community - we began to think about how we can make Reach more representative. How to provide a platform for young people with ULD to connect and be together, to have their voices heard, on their terms within Reach and across a wider platform....

And so a group of people came together, all Reach members, all with lived experience, and all, happily for us, with expertise in media, governance, and supporting people, to develop a new programme to enable Reach Charity to welcome young adults with ULD to its community.

In the autumn of 2024 we submitted an expression of interest to the VTCT Foundation and the National Lottery to support this project, both invited us to develop a full proposal. With a lot of help from a lot of people, all giving their time for free, we did just that and with their support submitted full applications December 2024 & January 2025.

The project name? Reaching Out, the people involved? The Reaching Out Working Group: Trustees: Colm Creamer, Steve Haynes, Rebecca Nind, Ella Dickenson, AFW Producer, James Jones, Reach Dad and Podcast Producer, Nick Wilmhurst, Within Reach Editor, Max Swinhoe, Social Media Manager, Megan Bacon-Evans, 18-25 Founders Emily Tisshaw and Tony Addison, Reach member and Counsellor, Chantell Smith-Minns, young people involved with the pilot retreat, the whole of the Reach community, voting to widen our object, Reach Volunteers furiously proof reading and working to make the proposal look pretty, and our #LLLLDAM partners.

Reaching Out was awarded funding March 2025.....

HOW-DO-YOU-DO-IT? Together!

9. Fundraising March 2024- Feb 25

Reach is supported by its community; what you do makes the difference - from **donating lose change** you've been collecting over the years like Ken did, to swimming 22 miles in 7 weeks and 2 days like Lynne did, **the way you help, is personal, caring, fun, exhausting, inspiring & incredible!**

Here are a few of the things you have been up to 2024-25: Vanessa **ran a Christmas Grotto**, and her husband helped too - can you guess how? The Mums & Roses Choir **sang their hearts out**, a founder of Reach **went to give a talk** at their old school, branch coordinator, Tracey Smith **made a presentation** at a Free Masons Dinner (instead of coming to AFW 24!), members whose work have **employee match funding schemes** have fundraised for us in all sorts of way and the companies they work for have **doubled their efforts!**

You've **donated in lieu** of Christmas cards, and presents, like Barnaby's Great Grandad did.

You've **celebrated** Ramadan by fundraising for Reach.

You've **organised** fundraising events in your area like the Hall's in East Anglia with their **Cars & Coffees Get Together**, and the Amputee Golfer, George Blackshaw, who went and did again at his 2nd **Charity Golf Day** in Cheshire raising funds for Reach and Alderhay!

You have **walked, hiked, run, climbed, swum & cycled** 1000's of miles between you, in cities, towns, cross country, coast to coast, up very steep hills and across mountain ranges- **Thank you!**

Time for a sit down and a cup of tea!

Once you've got your breath back and/or you fancy a challenge 2025-26 click here: <https://www.reach.org.uk/run-for-reach>

You and yours have baked, knitted, raffled, and drunk a lot of coffee!! **Thank you for organising all the local community fundraisers** in schools, social clubs, community centres, villages halls and at offices across the UK - these events help raise awareness at the same time as raising funds for Reach - so **you are helping in two ways** - Thank you! .

Some of you are **regular givers** - your donations **underpin everything we do** - Thank you!

Trusts & Foundations awards (24-25):
Elizabeth & Prince Zaiger Charitable Trust
The Frazer Trust
CMS Foundation
The Pebbles Foundation
Awards for All Scotland

Other types of donors, businesses, community orgs and partners (**brought to us by you**):

Siemens
Probus
First Wealth
Rayware Ltd
BOLDkids
Jackson Quinn Solicitors
The Almata Masons Lodge
The Northolt Greenford and Harrow
Postal Workers

You have donated in loving memory of family members who have passed away this year. **Thank you for remembering Reach at this time.** This year we have partnered with [Farewill](#), if you want to write your will for free - [click here](#)

Finally thank you to everyone who ticked the [Gift Aid](#) box! it's easy to do and for every pound you donated the government gave us 25p!

Together you raised £100282, that represents 28% of our expenditure for 2024-25 and nearly **half of our total income this year.** **Thank you.**

10. Reach Finances 24-25

Total Income

2024-2025 £207,758

2023-2024 £727,788 (or £187,485 before exceptional legacy receipt in November 2023)

Excluding the exceptional legacy in 2023, income for 2024-25 represents a 11% increase from 2023-24

Total Expenditure

2024-2025 £348,718

2023-2024 £347,224

Net Funds Movement

2024-2025 -£ 140,960

2023-2024 £380,564 (- £159,739 excluding the exceptional legacy)

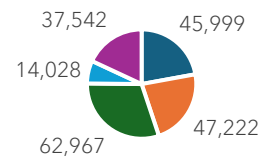
Excluding the exceptional item, this is a 12% improvement on last year.

The deficits are in line with the Trustee Board's policy in utilising the exceptional legacy in 2023 to invest the funds in developing our delivery of additional regional events, support for new parents and young adults. As agreed, all new project work is subject to funding, supported by applications to several grant bodies to assist with the costs of delivery.

We are though, aware that this cannot continue indefinitely and the [Reach team](#) are fully committed to firstly reducing the deficits and moving to a positive financial position.

In common with most charities we have seen a reduction in donations to Reach. Our Trustees, volunteers and staff are working to develop and diversify our income sources to replace this income.

Income



- Donations & legacies
- Income from charitable activities
- Income from trading activities
- Interest income
- Membership subs

Expenditure



- Fundraising costs
- Charitable activities
- Administration and support activities
- RAW & Family Weekends
- Social Media

Our membership has continued to grow as we expand activities offered to our Reach families, leading to a 9% increase in membership income for the year.

A large increase in interest income from the funds held, largely being the legacy received. Interest rates however are volatile and expected to decrease over the coming year.

We have achieved a large increase in charitable activity income on the back of increased membership and a wider range of Family Weekends and activities offered.

The legacy has provided much needed breathing space as we develop the above. We are in discussion with a number of funding bodies who are keen to support our activities. A number of these are proving positive and will be reflected in the 2025-2026 Accounts.



11. How are we doing?

2023-24 our priority was to sustain and grow branch delivery and support our online community.

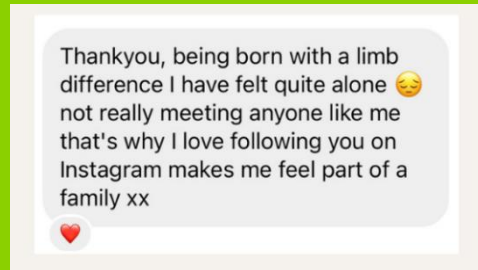
2024-25: Branches involved in the Regional Family Weekend Programme have done an excellent job fundraising locally for these events this year and are already planning 2026 with a little bit of money already in the pot! As promised Reach contributed to each event with reserves funding.

Funding from Reaching Communities England is enabling the brilliant work our Social Media Manager, Megan, is doing to reach young people 18-25 and to work with the #LLLDAM community to raise awareness.

They are also supporting Max, our Within Reach Editor to scope the opportunity of bringing our magazine online and thereby reducing print & distribution costs in the future.

Our next step is to develop vocational training pathways across the charity for young adults, in which they will be supported to create content for social media, our magazine, a new podcast and our website and help us build and deliver charity events. Helping them, helps us!

The difference reaching out on Social Media is making:



Message received from an adult with limb difference wanting to sign up to Reach March 2024



Reach parent, August 2024

“Finding Reach on Instagram was like a breath of fresh air. Seeing babies, kids and adults with limb differences...brought so much comfort. We joined up and it's been the best thing we have done.”

Within Reach Magazine 2024-25 distributed across the Reach membership Summer - Winter - Spring



The Within Reach Blog goes live:



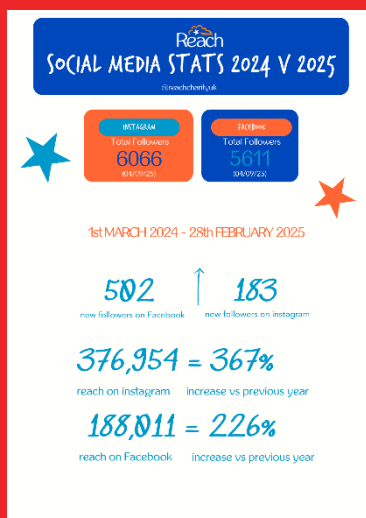


The difference reaching out on social media is making (continued)

“I thought it was important that I reach out and express how much of a positive impact this page/charity has had on my life that I will be forever grateful for. More than you could ever imagine. Oct 2023 our beautiful daughter was born. At birth we discovered she was born with a hypo-plastic left hand. An amniotic band got wrapped around 3 fingers and stopped the growth of them. Instead of 3 bones in each finger she just has 1. As her Mum I struggled extremely hard with the shock and adjustment. I’ve had lots of therapy and am still undergoing this now. Our plastic surgeon recommended that I look into Reach. As I said, it’s been actually life changing for me. I truly believe that watching and reading this page gave me the inner strength to start the journey to be that strong mother she deserves. Today I posted the first ever picture of her hand on social media. It was such a big move for me, but she deserves the recognition! So thank you from the bottom of my heart for making this charity!

Message received from a Reach parent, June 2024

Growth on Social Media 2024-25



We have a working group (AKA volunteers) seeking a Corporate partner for Reach, but we need to be honest, this is a nut not yet cracked! Being a small charity, capacity can be a problem. We are now being helped by Reach members who know this world better than us, and hopefully, with their support, we can learn - WATCH THIS SPACE!

The Development of a Reach Challenge Event has stayed very much in our thoughts. This year, like last year a significant amount of our income has come from our members taking on / delivering Challenge & Fundraising events, in total 22% of all income generated 2024-25.

Working in partnership with our Ambassador & Para-athlete Claire Cashmore MBE, we want to tap into your energy and develop a wholly inclusive destination Triathlon event, great for our community, corporate teams and Triathlon enthusiasts. The British Triathlon Pathway Team and the fundraising platform Run for Charity are onboard, and we’ve even got as far as securing a state-of-the art Triathlon venue, an event delivery partner (at quite a high cost) and a date for 2026 BUT...

Coming back to the premise of us being small we think it wise to slow down and maybe grow this event a little more organically potentially in partnership with you, our community and a corporate partner...and are right now working out how best to make that happen....

We have this year entered [The Big Give Christmas Challenge 2025](#), to get involved take on a challenge during the first week in December and help us raise £10K for family focused project work in just one week... as ever WATCH THIS SPACE!



Reach Charity Ltd
Company Limited by Guarantee: 07054164
Registered Charity in England & Wales: 1134544
Registered Charity in Scotland: SC049805

Registered Address:
Office 4, The Library Rooms, 1st Floor,
59 High Street, Totnes, Devon, TQ9 5PB