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**ACTIVITY WEEK**  
**INFORMATION SHEET and BOOKING FORM**

The camp is a fully residential week; for 2012 it runs from Sunday 29<sup>th</sup> July to Sunday 5<sup>th</sup> August. Reach provides transport to and from the venue by means of coaches picking up at Motorway service stations, these are chosen based on where the children are coming from and how many times a coach driver can pick up and still manage the journey in his allotted time. The cost of transport is ever increasing due to fuel prices etc and it may be that we are not able to get as close to you as you would like but we do our best. None of the parents stay on camp and the children do not bring along friends or siblings, it is only for Reach children.

Once at the centre the children have shared dormitories depending on their sex and age and of course the number of bedrooms available. All the children are expected to be independent enough to be able to manage their own personal hygiene needs, dressing, washing, etc. Meals are provided but some years they do make their own lunch sandwiches and help with some domestic chores like washing up. We take adult Reach members with us to help to motivate the children and to also be mentors for them, as they know what it is like to grow up with a limb deficiency. None of these carers have a specific training in nursing or any other 'care' related provision unless of course their careers are based around that (we have had nurses and trainee doctors with us in the past) all helpers do have a current CRB Certificate.

The Activity Centre staff are responsible for the program of activities and also take charge during these times. Activities can include climbing, abseiling, canoeing, problem solving, archery, gorge walking, raft building high ropes courses and other such challenges. Children are not forced to take part in every activity although we find most can be persuaded to give it a go and we certainly encourage them to do so. There are activities all day with a break for lunch and then we have games and other activities in the evening until about 21.00. After that the children are sent to bed at times according to their age groups. We take an age range from 10 - 18 so I'm sure you realize we have to stagger bedtimes to try and please everyone. The week is very tiring for all concerned but also very rewarding and many of the children come along every year.

The Centre we are using in 2012 is Calshot Activity Centre, Southampton. You can learn more about this centre from <http://www3.hants.gov.uk/calshot>. 'Reach' will be subsidising the week but to help us preserve our resources we ask parents/carers to make a payment\* towards the cost of the week in proportion to their own financial circumstances and if possible no less than £200.00. Each place at the centre costs us £450 and transport for 2011 was approximately £5000. However, if any member feels that even the minimum contribution would exclude their child, please speak to Sue Stokes in confidence; we do not want your child to miss out.

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**Reach Activity Week, July 29<sup>th</sup> – Aug 5<sup>th</sup> 2012 (Sunday to Sunday)**

I would like to book a place for my child. Child's Name..... date of Birth ... /.../..... (must be 10 or over by 31<sup>st</sup> August 2012)

We will make a contribution of \*£                      Indicate the amount of you can afford to pay **and** return this booking form to secure a place. **We do not need payment until nearer the event.** All meals will be provided by the centre, the children will need a **little** spending money for drinks, crisps etc. Numbers will be limited so get in quick.

Name & Address for correspondence (to be completed in all cases)

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.....Tel:.....

email address.....